

Teasel

Applications

- Microbial Support



Introduction

NutraMedix Teasel is a hydro-ethanol extract made from **teasel root** (*Dipsacus fullonum*)-, also known as *Dipsacus sylvestris*. Once assigned to the Dipsacaceae family, teasel became part of the Caprifoliaceae family when it merged with Dipsacaceae.¹ Teasel is native to Europe and Northwestern Africa.¹ Common names include fuller's teasel, barber's brush, brushes and combs, cardo de cardar (card thistle), chardon des forêts (forest thistle), and cabaret des oiseaux (cabaret of the birds).²⁻⁴

Teasel root contains polyphenols such as chlorogenic acid and dicaffeoylquinic acid;^{2,5-7} iridoids such as cantleyoside and sylvestroside;^{2,6-8} and hederagenin-type, oleanane-type, and ursane-type terpenoids.¹ The caffeic acid derivatives, iridoids, and triterpenoids are known for antioxidant and microbial support.⁸

NutraMedix Teasel is made at our U.S. manufacturing facility using a specialized proprietary extraction process that optimizes the constituents of the herbs in their original, unprocessed state to obtain broad-spectrum concentration. Because our extracts are made in our own facility, we control all aspects of quality, including stringent ID testing, microbial testing, and heavy-metal

testing. NutraMedix rigorously follows current good manufacturing practices (cGMP), as do our suppliers.

Microbial Support

Teasel root extract may help with microbial support, as does the leaf extract.^{1,3,8,9} The constituent phytol may help with microbial support as well as healthy inflammatory-response support.⁸

Safety and Cautions

Teasel root is generally well tolerated. No adverse effects have been reported, though more research is needed.² Teasel has shown acetylcholinesterase activity in vitro.⁶ Because of this, teasel may have additive effects with cholinergic medications and may decrease the effectiveness of anticholinergic medications.²

Safety is not documented in breastfeeding or pregnant women, or in children under age 3, due to insufficient safety research.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to treat, cure, or prevent any diseases.

References

¹Skafa, E., & Szopa, A. (2023). *Molecules*, 28(9), 3754.

²NatMed Pro. (2024). Teazle [monograph]. <https://naturalmedicines.therapeuticresearch.com/>

³Tatoj, A., Smagiel, A., et al. (2023). *Annales Universitatis Paedagogicae Cracoviensis Studia Naturae*, 8, 2023.

⁴Goc, A., & Rath, M. (2016). *Therapeutic Advances in Infectious Disease*, 3(3-4), 75-82.


⁵Nanescu, V., Tanasie, S.E., et al. *Farmacia*, 71(5), 2023.

⁶Oszmiański, J., Wojdyło, A., et al. (2020). *Plants*, 9(1), 78.

⁷Kuhtinskaja, M. & Vaher, M. (2018). *Biomedical Journal of Scientific & Technical Research*, 11(4), 2018.

⁸Witkowska-Banaszczak, E. (2018). *Acta Poloniae Pharmaceutica-Drug Research*, 75(4), 951-957.

⁹Saar-Reismaa, P., Bragina, O., et al. (2022). *Pharmaceuticals*, 15(1), 87.

NutraMedix. 

SHAKE WELL BEFORE EACH USE:
Put 1 to 30 drops in 4 oz (120 mL) of water and wait one minute before drinking. Start with 1 drop (30 min. before meals) increasing slowly up to 30 drops 2-4 times per day or as directed by your physician. Do not use if pregnant or nursing. Stop use if adverse reactions develop. Keep out of reach of children.

Supplement Facts
Serving Size 30 drops
Servings Per Container 20

| Amount Per Serving | |
|---------------------|---------|
| Teasel root extract | 1.5 mL* |

*Daily Value not established

Other ingredients: water, ethanol (20-24%)

NutraMedix. 
Jupiter, Florida 33458 USA
www.nutramedix.com
561-745-2917

TEASEL
SUPPORTS HEALTHY
INFLAMMATORY RESPONSE †
Dietary Supplement
1 fl oz. (30mL)

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

7 28650 08670 9

V224392
Lot #
Exp.